

Times and Intentions of Holy Mass for the Coming week

Saturday 9th October <i>Vigil of the 28th Sunday in Ordinary Time</i>	11.00am 5:30pm	Angela Hamilton RIP Anniv. (Stella Hamilton) Veronica Bevan Jones RIP (The Family)
Sunday 10th October <i>28th Sunday in Ordinary Time</i>	11:00am	Pro Populo (<i>For the People</i>)
Monday 11th October <i>Pope St. John XXIII</i>	NO MASS	
Tuesday 12th October	NO MASS	
Wednesday 13th October	NO MASS	
Thursday 14th October	NO MASS	
Friday 15th October <i>St. Teresa of Avila</i>	NO MASS	
Saturday 16th October <i>Vigil—29th Sunday in Ordinary Time</i>	NO MORNING MASS 5:30pm	<i>Funeral in Cardigan of Canon Cunnane RIP</i> Shawn & Jean Hannigan RIP
Sunday 17th October <i>29th Sunday in Ordinary Time</i>	11.00am	Pro Populo (<i>For the People</i>)

Fr. Phillip writes.....

I am currently taking annual leave to be able to accompany my father as he has radiotherapy treatment. Unfortunately, due to the lack of supply cover available, we are not able to have weekday Mass, but I will be back in the parish on Saturday and Sunday to celebrate the weekend Masses.

This week, we celebrate the feast of St Teresa of Avila, who was a mystic and great teacher of the Church. Her wisdom is as relevant today as it was in her day in Spain, as she implores us to seek to make Christ a reality in our lives each day, and to be ministers of his love to each other. "Christ has no body now, but yours. No hands, no feet on earth, but yours. Yours are the eyes through which Christ looks compassion into the world. Yours are the feet with which Christ walks to do good. Yours are the hands with which Christ blesses the world." May she intercede for us, as we try to see and be Christ in our world this week. May our loving God guide our steps to seek His ways, and keep us all safe and well.

October is the month of the Holy Rosary: Please help yourselves to the prayer guides on how to pray the Rosary, which are in the porch. The rosary is a reflective and meditative prayer reflecting on the mysteries of our faith—events in the life of Our Lord, and of Our Lady. If you do not already pray the Rosary as part of your daily prayers, please consider making an effort this month to make this form of prayer your own, and spending some time each day in meditative prayer. Rosaries are available in the repository shop, and Fr Phillip has some to give to the Children of our Parish—please ask for them after Mas!

November—Month of the Holy Souls: Please take a November Dead list from the porch to complete and return it ASAP, so that the list can be prepared of all the Holy Souls, that will be prayed for during the month of November. Please write as clearly as you can—Thank you!

Of your Charity, please pray for the repose of the soul of: Canon Seamus Cunnane RIP, who has recently died. His Requiem Mass will be celebrated on Saturday at 11:00am in the National Shrine of Our Lady of the Taper in Cardigan. As Canon Cunnane has requested that Fr Phillip Celebrate the Requiem Mass, there will be no Mass on Saturday Morning in Carmarthen. The Requiem will be limited in numbers inside the Church due to COVID Restrictions, however the Mass will be broadcast on the Shrine Website. Please pray for the repose of his soul, and may Our Lady of the Taper and all the saints intercede for him. May his soul, and the souls of all the faithful departed, through the mercy of God, rest in peace, Amen.

Last Weeks Collections

Main Offertory: £115.00 Maintenance Fund: £57.05 Coffee Morning: £10.00

Standing Orders for September: Main Offertory: £860.00 / Maintenance Fund: £135.00

If you would like to make your offertory donation on line by BACS please contact the office for our bank details. Alternatively, there is a Standing Order form on our website if you wish to set up a regular payment to us. **THANK YOU**

Parish Safeguarding Officer: Mrs Therese Passenger 079441 59039

St. Mary's Primary School: Acting Head teacher Mrs. Hannah Corcoran 01267 234297

St. John Lloyd's Secondary School Llanelli: Head Teacher Mr Ashley Howells 01554 772589

Registered Charity No: 234168

ST. MARY'S MESSENGER

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Parish Priest: Fr. Phillip Harries

10th October 2021

**28TH SUNDAY IN
ORDINARY TIME**
SUNDAY READINGS: CYCLE
B; PSALTER: WK. 4

*Please take this Newsletter home
and make time during the
business of the week
to read the word of God.*

*Meditate on the words of Sacred Scripture, and reflect
on them prayerfully.*

October—Month of the Holy Rosary

October is dedicated to the Holy Rosary, and we are asked to rekindle or bring new life to our praying of the Rosary.

This month is a time to pause, and re discover this ancient and comforting prayer, which is described as "a compendium of the Gospel". Our time is a valuable gift, and is never given or made by accident—such as the time we dedicate to our loved ones, so let us make time each day this week for prayer. Please pray the Holy Rosary daily, and try and make it part of your regular prayer life. May Our Lady of the Rosary pray for us all! Please pray for the repose of the soul of Canon Seamus Cunnane RIP.

**Second collection
This Weekend**

**Home Mission
Sunday**

To promote the Gospel
through the work of the
Bishops' Conference



**THANK YOU FOR OBSERVING THE FOLLOWING GUIDELINES
WHEN VISITING THE CHURCH:
The Bishop's Conference of England and Wales
have asked to continue with our regulations until further notice.**

- ◆ **While Sunday Obligation is suspended, please consider coming to a weekday or Saturday Mass in order that numbers remain manageable, particularly now the numbers attending are rising.**
- ◆ **Please arrive in plenty of time** to take your seat, remembering that this takes longer than normal at the moment. The Church is opened half an hour before Mass



HANDS



FACE



SPACE

- ◆ When entering available pews, please move to the end (wall) to allow others to share the pew safely.
- ◆ Sign in using the form in the porch—this is for test and trace purposes.

"The closer one approaches to God, the simpler one becomes."—Saint Teresa of Avila

ENTRANCE ANTIPHON

If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.

PENITENTIAL ACT
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (and striking their breast, they say:) through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

The Kyrie eleison (Lord, have mercy)
Invocations may follow:
C. Lord, have mercy.
P. Lord, have mercy.
C. Christ have mercy.
P. Christ have mercy.
C. Lord have mercy.
P. Lord have mercy.

THE GLORIA
Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us. You take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

THE LITURGY OF THE WORD

FIRST READING

Wisdom 7:7-11

I prayed, and understanding was given me; I entreated, and the spirit of Wisdom came to me. I esteemed her more than sceptres and thrones; compared with her, I held riches as nothing. I reckoned no priceless stone to be her peer, for compared with her, all gold is a pinch of sand, and beside her silver ranks as mud. I loved her more than health or beauty, preferred her to the light, since her radiance never sleeps. In her company all good things came to me, at her hands riches not to be numbered.

The Word of the Lord

P. Thanks be to God

RESPONSORIAL PSALM

Psalm 89(90):12-17

Fill us with your love so that we may rejoice.

Make us know the shortness of our life that we may gain wisdom of heart. Lord, relent! Is your anger for ever?

Show pity to your servants. Fill us with your love so that we may rejoice.

In the morning, fill us with your love; we shall exult and rejoice all our days. Give us joy to balance our affliction for the years when we knew misfortune. Fill us with your love so that we may rejoice.

Show forth your work to your servants; let your glory shine on their children. Let the favour of the Lord be upon us: give success to the work of our hands. Fill us with your love so that we may rejoice.

SECOND READING

Hebrews 4:12-13

The word of God is something alive and active: it cuts like any double-edged sword but more finely: it can slip through the place where the

soul is divided from the spirit, or joints from the marrow; it can judge the secret emotions and thoughts. No created thing can hide from him; everything is uncovered and open to the eyes of the one to whom we must give account of ourselves.

The Word of the Lord

P. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

GOSPEL

C. The Lord be with you. P. And with your Spirit. C. A reading from the holy Gospel according to N. C. Glory to you, O Lord.

Mark 10:17-30

Jesus was setting out on a journey when a man ran up, knelt before him and put this question to him, 'Good master, what must I do to inherit eternal life?' Jesus said to him, 'Why do you call me good? No one is good but God alone. You know the commandments: You must not kill; You must not commit adultery; You must not steal; You must not bring false witness; You must not defraud; Honour your father and mother.' And he said to him, 'Master, I have kept all these from my earliest days.' Jesus looked steadily at him and loved him, and he said, 'There is one thing you lack. Go and sell everything you own and give the money to the poor, and you will have treasure in heaven; then come, follow me.' But his face fell at these words and he went away sad, for he was a man of great wealth. Jesus looked round and said to his disciples, 'How hard it is for those who have riches to enter the kingdom of God!' The disciples were astounded by these words, but Jesus insisted, 'My children,' he said to them 'how hard it is to enter the kingdom of God! It is easier for a camel to pass through the eye of a needle than for a rich man to enter the kingdom of God.' They were more astonished than ever. 'In that case' they said to one another 'who can be saved?' Jesus gazed at them.

'For men' he said 'it is impossible, but not for God: because everything is possible for God.' Peter took this up. 'What about us?' he asked him. 'We have left everything and followed you.' Jesus said, 'I tell you solemnly, there is no one who has left house, brothers, sisters, father, children or land for my sake and for the sake of the gospel who will not be repaid a hundred times over, houses, brothers, sisters, mothers, children and land – not without persecutions – now in this present time and, in the world to come, eternal life.'

C. The Gospel of the Lord. P. Praise to you, Lord Jesus Christ. After the Gospel all sit.

THE HOMILY
NICENO-CONSTANTINOPOLITAN CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen

THE LITURGY OF THE EUCHARIST

Holy, holy, holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

C. The mystery of faith. Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

P. For the kingdom, the power and the glory are yours now and for ever.

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God you take away the sins of the world, grant us peace.

C. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

P. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Please remain in your place and Holy Communion will be brought to you. Please remove your face covering before receiving Holy Communion, and extend your fully open hands, so the Priest may give you Holy communion without touching your fingers. Thank you.

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Prayer for the Sick

Heavenly Father, Look with mercy on the sick in our parish community and help them in this time of sickness. Restore them to health, we pray, Through Christ Our Lord, Amen



Please pray for those who are unwell:

- Teresa (Tess) Kerr, Tal and Cynthia Harries
- Christine Rees, Teresa Hay, Patricia Stradling, Peggy Davies, Fr. Morty, Chris Burke, Christiana Flinn, Morag McIlroy, Theresa Phillips, Doreen O'Toole, Simon Biggs, Lalaine Brennan, Monica Oliver, David Jenkins, Shirley Price, Olive Cronin, Arianwen Ramruttan, Edward Hamilton



RIP Anniversaries

- John McGill Usher
- William Wyld
- Jean Hannigan
- Gladys Oldfield
- Ginny Williams
- Agnes Thacker
- Canon Seamus Cunnane

Eternal rest grant unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. Amen.



PRAYER FOR THOSE AFFECTED BY CORONAVIRUS

God our Father, we pray for those who are suffering, for those who are grieving, for those who are anxious, and for those who are working tirelessly to care for the sick. God our Father, your Son Jesus Christ came into our world to heal us of all division and bring us life in abundance. By the power of your Spirit help us strive together as one family of many nations to help those in greatest need during this crisis. We ask this in the name of Jesus our Risen Lord, Amen

Intentions of the Holy Father for the Month of October

We pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavour of the Gospel.



The prayer of Spiritual Communion by St Alphonsus

My Jesus, I believe that you are present in the Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.



"Everything is possible for God." It is far more easy to confess our Faith with our lips, than it is to live it in our hearts, or with our lives. Our Faith is a gift—a truly precious gift, that can strengthen us daily and make our lives truly rich. So often the world directs our attention to things that have fleeting value, and that pass. This week let us make time to focus our hearts on the truly valuable, and see our values anew, through the clear sight of faith.