



ST. MARY'S CATHOLIC CHURCH

ST. MARY'S RETREAT, UNION STREET, CARMARTHEN, SA31 3DE
Tel: 01267 237205 Email: carmarthen@menevia.org
www.stmaryschurchcarmarthen.org Registered Charity No. 234168

Parish Priest: *Father Phillip Harries*

Times and Intentions of Holy Mass for the Coming week

Saturday 16th July— <i>Our Lady of Mount Carmel Vigil—16th Ordinary Time</i>	11.00am 5:00-5:20pm 5.30pm	Tal Harries good health <i>Confessions</i> Peter Burnell RIP (Valerie Murphy)
Sunday 17th July <i>16th Ordinary Time</i>	10.30-10.50 11.00am	<i>Confessions</i> Pro Populo (<i>For the People</i>)
Monday 18th July	11.00am	Blessings for Fraya, Osian, Orun & Milo (Fran Smithson)
Tuesday 19th July	NO MASS	
Wednesday 20th July <i>St. Apollinaris</i>	11.00am	Thanksgiving (Mary Dark)
Thursday 21st July <i>St. Lawrence of Brindisi</i>	11.00am	<i>No intention requested</i>
Friday 22nd July <i>Feast of St. Mary Magdalene</i>	11.00am	Pat O'Malley RIP
Saturday 23rd July— <i>Feast of St. Bridget of Sweden Vigil—17th Ordinary Time</i>	11.00am 5:00-5:20pm 5.30pm	<i>Holy Souls</i> <i>Confessions</i> <i>No intention requested</i>
Sunday 24th July <i>17th Sunday of Ordinary Time</i>	10.30-10.50 11.00am	<i>Confessions</i> Pro Populo (<i>For the People</i>)

Please pray for those who are unwell:

Mary Mitchell
Mgr Michael Lewis
Fr Paul Brophy
Colin Riley

If you would like the name of a relative who is unwell added to our prayer list, please give their name to Fr Phillip

Amy and Helen Tynan
Christine Rees
Tal and Cynthia Harries
Teresa Hay
Peggy Davies

RIP anniversaries:

Pat O'Malley RIP

Angela Wray
Mary Magdalen Walters
David Cullen Thomas
William Dean
Helen Roberts
Michael Zabko
Jack Murphy
Walter Hains

The Sacred Heart Lamp is lit for the intentions of:

Tal Harries - good health



Our Lady's lamp is lit for the intentions of:

Pat O'Malley RIP



The Bishop's Conference of England and Wales: are inviting all Catholics to return to the celebration of Mass in person, by being physically present in the Church building, as opposed to joining via livestream. Please encourage those who have not returned to Church as yet to come along, and give them the bishops letter (in the porch) to encourage them. Simply put **This means the obligation to go to Mass on Sundays and Holy Days is restored.**



Second Collection THIS weekend: is for **The Apostleship of the Sea**, as mandated by the Bishop's Conference of England and Wales. This helps seafarers while away from home by chaplaincy services and practical means through material help and support.



Ladies Dining Out night: Monday 18th July at the Boars Head, Lamas Street at 6:30pm. All welcome! Please sign up on the notice board in the porch, or Phone Mary Dark on 07899682154 for more information, or to reserve a place. Thank you.



Last Weeks' Collections: Main Offertory: £343.96
Standing Orders for June: Main Offertory: £760.00

Maintenance Fund: £147.41
Maintenance Fund: £180.00

If you would like to make your offertory donation on line by BACS please contact the office for our bank details. Alternatively, there is a Standing Order form on our website if you wish to set up a regular payment to us. In the meantime all donations can be popped into the black post box on the table in the porch. **THANK YOU**

Parish Safeguarding Officer: Mrs Therese Passenger 079441 59039
St. Mary's Primary School: Acting Head teacher Mrs. Hannah Corcoran 01267 234297
St. John Lloyd's Secondary School Llanelli: Head Teacher Mr Ashley Howells 01554 772589

Fr Phillip writes... every now and again we need a bit of encouragement, and last Sunday certainly was a great encouragement, as we witnessed the devotion of our First Holy Communion Children. We can get accustomed to things in life, and sometimes lose the realisation of the truly important. We can sadly do the same with the Holy Eucharist, and not be aware we are receiving our Saviour. May the example of the children lead us to reflect on our attitudes to receive Our Lord in Holy Communion, and may we grow in Grace and Joy.

First Holy Communion congratulations and thanks: many thanks to the parents, catechists and kind helpers who made the celebration of First Holy Communion a truly memorable event for the 24 children and their families. It was a real grace for our parish community to celebrate this great event.



The children had worked hard to prepare not only for the day, but for the practice of the faith for the rest of their lives, so please keep them all in our prayers, as they are an important part of the future of our parish community. May their devotion encourage us all!
Certificates will be presented at Mass in September.

What can you do to help?: Together we form the community of the Church – the Mystical Body of Christ. So many people help out in our parish, for the good of the community as a whole, and we all benefit from their kindness and generosity. Whether they are helping in the Mass by reading, or as extraordinary ministers of Holy Communion, or serving, or giving out Newsletters and welcoming people or taking and counting the collection – no matter what they do, they are helping the community of the Faithful – that is you and me. Some people help organise social or celebration events, or serve food or tea and coffee after Sunday Mass, or help with the tending of the grass, or flowers, or grounds or repairs to buildings – They serve the Church – you and me. Many of the people who do it are in their more mature years 70's, 80's, even with health difficulties ... When they are not able to do it ... What will happen? Should we be expecting them to keep going and serving us – the community, until they are no longer able? Is this right or even just? Please consider how you can help your community, and through your valuable gift of time, energy and skill – build up the community of the Church – The Mystical Body of Christ. If you can help – please see Fr Phillip. Thank you.



In this hot weather: we are being advised to drink plenty of water and seek shade. The young, the elderly and those who are unwell are particularly at risk of suffering ill effects due to heat. If you know of an elderly or infirm neighbour, maybe you could consider checking on them to ensure they are managing with the high temperatures, it would be an act of great kindness that would show care and concern.



Enjoy the good weather and glorious sunshine safely!

Top tips for keeping cool in hot weather

- + Keep bottles of water in the fridge and drink plenty of water throughout the day
- + Have a supply of moist towels in the freezer, that can be used to cool the head, neck and body—*pets like to lay on these*
- + Have your windows open but your curtains closed

Collection / offering envelopes: are available from the porch for all who have kindly signed up for regular giving to support the parish. If you are able to give by standing order, that is even better—forms are available in the porch. Or if you do online banking, the parish details are...DOM Carmarthen Parish, Natwest Bank, Sort Code 56-00-42, Account No 02477521. If you are a TAX Payer, **PLEASE join the Gift Aid Scheme, as it means we can claim money from the Government at no cost to you—Thank you!**



7 day Votive Lamps: If you would like a votive lamp lit for a particular intention, please complete one of the envelopes in the porch and post it in the presbytery. The intentions will appear in the newsletter each week. All proceeds to parish funds.



Archbishop Mark: will be meeting the clergy of the Diocese for the first time on **Tuesday 19th July** in St Mary's Parish Centre. He will be introducing himself and learning about our Parishes. Please can you help with refreshments and the meal for all the guests? Sign the sheet in the porch if you can help set up on Monday afternoon, and / or help out on Tuesday. Thank you in advance for your help!

Tea and coffee after Sunday Mass: Please sign your name, or your group to volunteer on the list in the porch. Diolch!
Many Thanks to all who have already signed up to help!
Please consider volunteering in the free Sundays!

St. Mary Magdalene: is one of the greatest saints of the Bible and a legendary example of God's mercy and grace. The precise dates of her birth and death are unknown, but we do know she was present with Christ during his public ministry, death and resurrection. She is mentioned at least a dozen times in the Gospels. She has long been regarded as a prostitute or immoral in western Christianity, but this is not supported in the scriptures. The Gospels agree that Mary was originally a great sinner. Jesus cast seven demons out of her when he met her. She was certainly a sinner whom Jesus saved, giving us an example of how no person is beyond the saving grace of God. Mary witnessed the crucifixion, she was present when Christ rose from the dead, went to anoint his body and she was the first witness to His resurrection. St. Mary Magdalene—pray for us!



The prayer of Spiritual Communion
My Jesus,
I believe that you are present in the Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

"A peaceful man does more good than a learned one." - Pope St John XXIII

Supporting your parish: Please consider completing a direct debit mandate, so you can make your weekly offering via the bank, or alternatively place offertory donations in the black post box (on the table in the church porch) Thank you.