



ST. MARY'S CATHOLIC CHURCH

ST. MARY'S RETREAT, UNION STREET, CARMARTHEN, SA31 3DE
Tel: 01267 237205 Email: carmarthen@menevia.org
www.stmaryschurchcarmarthen.org Registered Charity No. 234168

Parish Priest: *Father Phillip Harries*

Times and Intentions of Holy Mass for the Coming week

Saturday 30th July— <i>Our Lady Vigil—18th Ordinary Time</i>	11.00am 5:00-5:20pm 5.30pm	Margaret Dark RIP Confessions Sr Aloysius Hourigan OSU RIP
Sunday 31st July <i>18th Sunday of Ordinary Time</i>	10.30-10.50 11.00am	Confessions Pro Populo (For the People)
Monday 1st August <i>St Alphonsus Liguori</i>	11.00am	Int. of Mark, Edel, Thomas & Robert (Fran Smithson)
Tuesday 2nd August	11.00am	Good health of Colin Wilkes (Theresa)
Wednesday 3rd August	6:00pm 6.30pm	Adoration & Benediction Lyn Thomas—Good health
Thursday 4th August <i>St. John Mary Vianney</i>	11.00am	Private Intention
Friday 5th August	NO MASS	
Saturday 6th August—Feast of The Transfiguration <i>Vigil—19th Ordinary Time</i>	11.00am 5:00-5:20pm 5.30pm	John Curley RIP (Jack Curley) Confessions Gerry France & Family Intention
Sunday 7th August <i>19th Sunday of Ordinary Time</i>	10.30-10.50 11.00am 12:30pm	Confessions Pro Populo (For the People) Baptism of Max Kordyla

Please pray for those who are unwell:
Mary Mitchell
Mgr Michael Lewis
Fr Paul Brophy
Colin Riley
Denise Unsworth

Amy and Helen Tynan
Christine Rees
Tal and Cynthia Harries
Teresa Hay
Peggy Davies

If you would like the name of a relative who is unwell added to our prayer list, please give their name to Fr Phillip

RIP anniversaries:
Barbara Mitchell
Giuseppina de Marco
Moya Jones
Irene Jones
Egwod de Schoolmeester
Glyn Davies
James Parry

The Sacred Heart Lamp is lit for the intentions of:

Holy Souls



Our Lady's lamp is lit for the intentions of:

The Holy Father



Second Collection 10th/11th September: is for Catholic Education in our Diocese. The Diocese has to pay to have our Catholic Schools, and it is through your help and support they can stay open. Thank you for supporting our schools!



The prayer of Spiritual Communion (St Alphonsus)
My Jesus,
I believe that you are present in the Holy Sacrament of the altar.
I love you above all things,
and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.

7 day Votive Lamps: If you would like a votive lamp lit for a particular intention, please complete one of the envelopes in the porch and post it in the presbytery. The intentions will appear in the newsletter each week. All proceeds to parish funds.



Last Weeks' Collections: Main Offertory: £287.61 Maintenance Fund: £109.82
If you would like to make your offertory donation on line by BACS please contact the office for our bank details. Alternatively, there is a Standing Order form on our website if you wish to set up a regular payment to us. In the meantime all donations can be popped into the black post box on the table in the porch. **THANK YOU**

Parish Safeguarding Officer: Mrs Therese Passenger 079441 59039
St. Mary's Primary School: Acting Head teacher Mrs. Hannah Corcoran 01267 234297
St. John Lloyd's Secondary School Llanelli: 01554 772589

Fr Phillip writes... life is often so full of distractions, and time is at a premium, so to value the enduring and the truly important is ever more essential. Unless we make time for the truly valuable elements of our lives, we run the risk of missing out on so much. Our prayer is essential, and to pray daily is the most valuable gift we receive each day to be able to put everything else into perspective. This week, let us make time for prayer, and let the Sacraments strengthen our lives.

Parish Sunday Lunch: Following the recent meeting of the Bishop and priests, there was a lunch in the Hall, where the priests could discuss the meeting and catch up with events going on in the different parishes. The food was provided by outside caterers, and the hall was set up by kind parishioners. It was a wonderful environment, and a good time was had by all! The Bishop and priests were enthusiastic in their thanks! This is something we could do in the parish—that is to get together and have a meal, and enjoy each others company.... Would you like to share Sunday Lunch in the Hall after Mass? Have a think, and if your interested, sign the poster in the porch, and if enough people are interested, it can be arranged! (Maybe at the start of September 4th or 11th?)

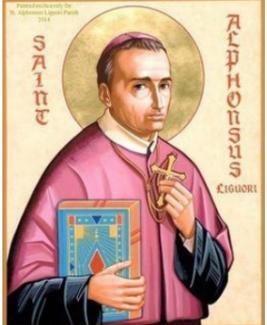


Tea and coffee after Sunday Mass: Please sign your name, or your group to volunteer on the list in the porch. Diolch! **Many Thanks to all who have already signed up to help! Please consider volunteering in the free Sundays!**



Advance notice of Road closure: Union Street will be closed for re-surfacing on the 17th and 18th of August. This will mean that no one will be able to access the Church either by car, or on foot. I hope this will not be too much of an inconvenience—but at least we will have a better road to travel!

We ask the prayers of each other, and of the saints: just like us, they were of different backgrounds and different characters. St Alphonsus Liguori – a bishop, philosopher, theologian and doctor of the Church is the founder of the Redemptorist Order, and great preacher of the love of God in Confession; while St John Vianney was nearly not ordained, because he struggled so much with his seminary studies. St John later became the most famous parish priest in France attracting thousands to his confessional, and the first secular parish priest to be canonised. In our own ways, with our own distinct skills and characters, we have a role in helping others on the pilgrimage we all make towards our Saviour. This week, let us remember to pray for one another, as well as those who are most in need. Through God's grace, may we build his kingdom here and now, and show his love to others – Saints of God—Pray for us!



Collection / offering envelopes: are available from the porch for all who have kindly signed up for regular giving to support the parish. If you are able to give by standing order, that is even better—forms are available in the porch. Or if you do online banking, the parish details are...DOM Carmarthen Parish, Natwest Bank, Sort Code 56-00-42, Account No 02477521. If you are a TAX Payer, **PLEASE join the Gift Aid Scheme, as it means we can claim money from the Government at no cost to you—Thank you ! (forms are in the porch)**



Vacancy for the role of Headteacher at St Teilo's RC Primary School, Tenby, Pembrokeshire
Salary: ISR L7 – L13
Start Date: 2nd January 2023
Please see the advert in September on the Eteach website, Pembrokeshire LA Jobs website and the CTG, applications will be accepted at that time but please feel free to visit Tenby and see the school.



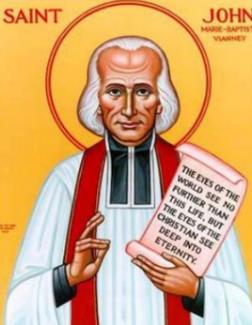
Contact the Chair of Governors for further information, or to visit the school over the summer holidays: zeaschi@yahoo.com.

The full job description and Person Specification are available through St Teilo's School Website:
<https://stteilos.wales/head-teacher-position/>

Please pray for peace for the people of Ukraine
Let us pray for peace in our hearts, our homes and in the world—especially in the Ukraine as they have suffered over 150 days of war. Their situation is as critical, and prayer brings about miracles!



The Saints and their teaching on Sacramental Confession: Going to the sacrament of Reconciliation can sometimes be daunting. We don't always like to say out loud our sins and might even be embarrassed to approach the priest. Yet, the Church invites us with open arms and invites us to make use of this great sacrament. St. John Vianney knew well the power of this sacrament. He would spend up to 16 hours a day hearing confessions. People from miles around would travel to the saintly priest, just to go to confession. He knew confession was a great aid to our soul and preached about it on many occasions. He said of confession -"It is a beautiful thought, my children, that we have a Sacrament which heals the wounds of our soul! God makes a greater speed to pardon a penitent sinner than a mother to snatch her child out of the fire. When you go to confession, you must understand what you are about to do; you are about to un-nail our Lord." His approach was simple and loving, with complete trust in the mercy of God. St Alphonsus, even though he was a gifted academic had the same simple approach "What does it cost us to say: "My God help me! Have mercy on me!" Is there anything easier than this? And this little will suffice to save us if we be diligent in doing it.". Our approach needs to be the same—simple, honest and trusting in God's great love for us. If you haven't made your confession in a while, consider it now, and rest in the assurance of receiving God's merciful embrace.



"Were you to ask what are the means of overcoming temptations, I would answer: The first means is prayer; the second is prayer; the third is prayer; and you should you ask me a thousand times, I would repeat the same". St Alphonsus Liguori

Supporting your parish: Please consider completing a direct debit mandate, so you can make your weekly offering via the bank, or alternatively place offertory donations in the black post box (on the table in the church porch) Thank you.